



## The Catholic Women's League of Canada London Diocesan Council

To: All Parish Presidents, Past-Presidents  
CC: London Diocesan Council, OPC Past-President Linda Squarzola  
From: Theresa Ryan, London Diocesan Past-President  
Date: Sept. 14, 2025

### Directive #5

***“Two are better off than one, because together they can work more effectively. If one of them falls down, the other can help him up.” --Ephesians 4:9-10***

I have returned from attending the National CWL convention in Saskatoon with so much hope for the future of our League. They fully embraced the idea of teamwork during the convention, setting an example for the rest of us of how it can be done.

During the breakout sessions with the many and varied topics presented, each of them was given by two or more people. This automatically takes the pressure off one person and a small group shares it. As Oliver Wendell Holmes said “Many ideas grow better when transplanted into another mind than the one where they sprang up.”

We can use the excuse that people are too far apart to communicate but we all learned how to do so during the covid epidemic. Perhaps, some preparation can be done at home online, and then if wanted you can arrange to meet together.

The pillars of Faith, Service and Social Justice were not designed for one person to do everything but rather each chairperson should set up a committee or a team that works together for the benefit of everyone.

You have probably heard a lot about “Synodality” especially since the Holy Father has called for a Synod on Synodality. I have attended three different sessions on the topic. I have learned through them the importance of truly “listening to one another” without interrupting. Then after everyone in your group has had a chance to talk, you are asked to, one at a time, relate what resounded with you. One more time this happens where you listen and then respond with what struck you. It is amazing what can happen when we truly listen to one another. This also helps those who are shy and usually not heard to express their feelings.

Remember “Every time you are tempted to react in the same old way, ask if you want to be a prison of the past or a pioneer of the future.” — Deepak Chopra

***Coming together is a beginning. Keeping together is progress. Working together is success.” - Henry Ford***