

Instructions to make a mask with filter

Use a cotton material for the outer layers, and a light interfacing for the filter. Preferable not an iron on. Interfacing.

Cut 4 pieces of the mask from the cotton.

Cut 2 pieces of the mask from the interfacing.

Sew the curved edge of the interfacing to one set of the cotton masks. Make sure that the interfacing will be on the inside.

Sew the curved edge of the remaining set of cotton masks.

Match long edges of masks together keeping center seam centered and smooth and right sides of cotton together.

Turn right side out.

Press open, then press under $\frac{1}{4}$ " on each end.

Cut 6 " of elastic (for Mike I did 7" as he told me the other masks were too tight).

Pin the elastic into the turned edge of the mask. One piece for each ear. Ensure the elastic remains straight.

Sew around the entire edge of the mask double stitching the seams where the elastic is inserted.

To make an extender to take pressure off of ears:

With wide elastic, cut 2" piece. Sew a large button near the edge of each end of the elastic.

To use, hold elastic at base of head / neck. Hook each ear elastic from mask on to the button on each end of the elastic.

